Sublingual Immunotherapy Instructions

ADMINISTRATION

· Drops are to be used daily around the same time each day
· Apply under the tongue, hold for 2 minutes and then swallow
· If using more than one vial, the drops can be applied sequentially or separated (a.m. – p.m.)
· Start with vial#1 and record your drops on the schedule. When the schedule is complete discard vial and advance to vial #3, then #3, then #4.
· When you begin vial #4, call the office to order more serum. We will need copies of your dosing schedule before making more serum. You can mail or fax it to us at 630-893-5665.

WHEN NOT TO TAKE DROPS

· In the presence of a throat infection
· In the case of major dental surgery
· Acute gastrointestinal upset
· Exacerbation of asthma
· Simultaneous administration of vaccines

FOR MISSED DOSES

Go back to previous dose and advance only when you have completed 7 days of that dose.
If more than 2 weeks have elapsed, call the office for instruction

REACTIONS

· Most frequent side effects are local (oral itching or swelling) or gastrointestinal (nausea, vomiting, diarrhea, or abdominal pain)
· Moderate symptoms within minutes to hours of treatment may include eye itching, runny nose, or nasal congestion. These should be treated with an antihistamine. Do not give another dose without reporting to our office.
· Systemic reactions may include generalized itching, hives, tightening of throat, wheezing, severe dizziness, coldness, or sweating. These reactions are potentially dangerous and should be treated immediately by calling 911.

FOLLOW UP

A follow up office visit with Dr. Epperly is required 4 months after initiating treatment and yearly thereafter.

Advanced Integrative Healthcare
William L. Epperly, MD, FAAFP
245 S. Gary Ave Bloomingdale, IL 60108
Tel. 630-893-9661 Fax 630-893-5665
www.DrEpperly.com doctorepperly@yahoo.com